

Issue 27
Term 1
September 2017

Coláiste Nano Nagle Newsletter



Principals Welcome September 2017

The beginning of this new school year has brought many changes, we said goodbye to our Leaving Cert Class of 2016/2017 in August as they collected their results and were making preparations to enter Third Level.

To Mrs Cummins who served as Principal in the school for the past 10 years. On behalf of the whole School Community I want to wish her the very best in her Retirement. We welcome our First Years who have settled into our school and are feeling very much part of the School Community.

I also want to welcome all the new members of staff, and existing staff, who between them bring an energy and enthusiasm which can only benefit us all. The School Mass set the tone for the year ahead; Family, Community and Friendship.

Students spend on average 6 hours a day in school so we strive to create an environment where our students are at the centre of everything we do.

Student Wellbeing will influence what we teach and the environment we will strive to create in our school. We want our students to enjoy coming to school and develop a love of learning. We want students to attend regularly and work hard and to have a vision for their future. We want our students to actively participate in their own Community and become resourceful confident learners.

The focus as we move forward in 2017/2018 will be to develop the Intellectual, Spiritual, Emotional, Social, Physical and Creative skills and that students will be ethical in their use of social media. Staff have come on board to provide a huge range of Extra-Curricular activities to support the above development.

Senior Representative Council, Junior Representative Council, Homework Club, Supervised Study, Horse Riding, Basketball, Choir, Orchestra, Badminton, Debating, Gaisce, Guitar.

We invite our Parents to actively engage with our school through the Parents Association, Board of Management and Parent Classes which are run on our School Campus or Back-to-Education courses in Central College Limerick.

Congratulations to Ms. Sinead Moloney, our new Deputy Principal. I wish to thank her for her work to date and wish her well in her new role.

As the new Principal at Colaiste Nano Nagle I look forward to the year ahead.

**Kindest regards,
Mrs Mary Ryan.**



Pictured at the conferring ceremonies at the University of Limerick with her PhD in Economics is Dr. Catriona Cahill, from Rosbrien, Limerick.

WELCOME TO OUR NEW STAFF

Ms Rachael Quatrell

(Business Studies & College tutor)

Ms Kelly Walsh

(Junior Cert Science, Chemistry & CCL tutor)

Ms Aisling Murphy

(English and Geography, & CCL tutor)

Mr. Adrian Philips

(PE & Geography,
CCL Co ordinator of Sports and Recreation)

Ms Suzanna Roche (H.Ec Dept)

Mr. John Moloney (Business and CCL tutor)

Mr Cathal Mc Inerney (Business and college tutor)

Mr Shane Ryan

(French & Gaelge) and college tutor

Mr M Culhane

(Geography & Maths)

Welcome to our new staff

*We hope you enjoy teaching and learning at
Coláiste Nano Nagle*

Transition Year 2017-2018



Ploughing 2017

On the 19th September students from our school went on their first visit to the National Ploughing in Tullamore, Co. Offally.

Agricultural science and transition year students were accompanied by M. Fitzsimons & O. Ryan. It was a very successful day. Students visited the livestock and machinery section and enjoyed the Irish food.



Ploughing Championships

Ploughing 2017



Ploughing 2017

5th Years & TY Students listening to the speeches and learning about live stock.



Parent's Section



Parents Classes Sexton St Schools



Day & Time	Class	Starting	Venue
Monday (9.30 - 11.30am)	Basic Hairdressing	25 th September	CBS Primary (Edmund Rice Room)
Monday (11.00 - 1.00pm)	An Introduction to Barbering	2 nd October	CBS Secondary (Parents' Room)
Tuesday 9.30 - 11.30	Photography	26 th September	CBS Primary (Edmund Rice Room)
Monday, Wednesday & Friday (9.00 - 12.00am)	ESOL	20 th September	CBS Secondary
Wednesday (9.00 - 11.00am)	Cookery	20 th September	Coláiste Nano Nagle (Cookery Room)
Wednesday (10.00am - 12.00)	Beauty and Skin Care	27 th September	Coláiste Nano Nagle (Parents Room)
Thursday 9.30 - 11.30	Plastic Canvas (Craft Class)	21 st September	Coláiste Nano Nagle (Parents Room)
Friday (9.30 - 11.30)	Art Attack! An art class covering a number of techniques.	Late September	CBS Primary (Edmund Rice Room)
To be confirmed	Computers & Internet Safety	Early October	CBS Primary

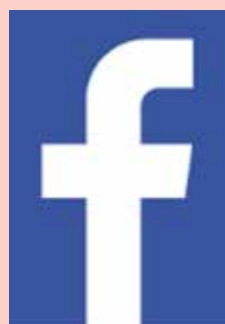
Contact the HSCL Co-ordinators for more information:
Doireann Garrard 087 929 9782 Máire O'Sullivan 087 210 1903
Sinead O'Flynn 087 6682151 Triona Murray 085 1573302

English Classes 2017 / 2018 Sexton Street Schools



Monday 9.10 - 10.40	Language and Communication - begins 25 th September (priority given to non EU nationals)
Monday 11.00 - 12.30	Language and Employability - begins 25 th September - (priority given to non EU nationals)
Wednesday 9 - 10.30	Basic /Intermediate English Class (reading, writing, grammar) – begins October 4th
Wednesday 10.30 - 12.00	Basic / Intermediate English Class (reading, writing, grammar) – begins October 4th
Wednesday 9.10 - 10.40	Language and Communication - begins 27 th September - (priority given to non EU nationals)
Wednesday 11.00 - 12.30	Language and Employability - begins 27 th September - (priority given to non EU nationals)
Friday 9 - 10.30	Basic / Intermediate English Class (reading, writing, grammar) – begins October 6 th
Friday 10.30 - 12.00	Basic / Intermediate English Class (reading, writing, grammar) – begins October 6th

Contact the HSCL Co-ordinators for more information:
Doireann Garrard 087 929 9782 Máire O'Sullivan 087 210 1903
Sinead O'Flynn 087 6682151 Triona Murray 085 1573302



Facebook Page for HSCL's on Sexton Street

A Facebook page has been set up by the four HSCL's on Sexton Street this year. We hope that this will allow parents to easily find out about the parents' classes we offer and how they can get more involved in the schools. We would love if you would like and share this page.



HEAR Application Clinic

23rd November – 4:15pm – 6:30pm

On the evening of the 6th Year Parent / teacher meeting, UL Access office will hold a HEAR application clinic within the school. Students & Parents can enquire about application requirements and supporting documentation needed for HEAR applications. The Higher Education Access Route (HEAR) is a college and university scheme that offers places on reduced points and extra college support to school leavers. Supporting universities / colleges include University of Limerick and Mary Immaculate College. See www.accesscollege.ie

TY Business Students



TY business students who attended the launch of the Student Enterprise Programme with their Business Teacher Mr. McInerney.

Nurturing Our External Links

European Parliament Ambassador Programme

Mrs Mary Kavanagh has been invited to attend a seminar in Brussels at the end of November. She is one of the four teachers chosen to represent Ireland at this forum. We are very proud of Mrs Kavanagh at Coláiste Nano Nagle. We wish her well in her travels and we hope she finds it fulfilling.



Northern Trust

We are delighted to announce that Northern Trust will be involved for the year with our 5th year students.

Junior Cert

Junior cert results 2017 students with Mr Monaghan delighted with their results, on 16th September.



Class Photos



1st Year Boland



1st Year Class Enright



1st Year Class Taylor



All First Year Classes 2017 with Mrs Mary Ryan

Sports



Badminton



Badminton has become the popular lunchtime sport at Colaiste Nano Nagle. Students are flocking to the gym to follow the careful instructions of expert Mr A. Philips along with Mr. M Culhane and Ms R. Quatrell. All students are enjoying the experience and exercise. Well done to all.

Basketball

First and second year basketball training. Wishing you all the best for the year girls. Thanks to Ms O'Ryan and Ms Walsh for training the girls.



Congratulations to Meagan O'Mara, 3rd year, who was successful in her trials for Munsters U15 soccer team. Meagan is a super talented student and we are all very proud of her.

Boxing



Our very own sixth year student Hayleigh Kieli is the new IKF Senior Ladies K1 Champion!

Well done Hayleigh, we are so proud of you! Hayleigh Kieli fought in the Clayton hotel in Galway on the 24th of September. After a tough 3 of the scheduled 5 rounds she became the New IKF K1 60kg ladies champion of Ireland after defeating her opponent by TKO. Hayleigh brought the title belt back to Limerick to the Learning Hub Kickboxing club coached by Paul O'Brien.

BT Young Scientist & Junk Kouture

BT Young Scientist Exhibition

The BT Young Scientist Exhibition will be held from January 10th to 13th 2018 in the RDS in Dublin. In the last decade, the number of entries has increased dramatically, reaching an all-time high last year when over 2000 projects were submitted. All entries were screened to select just 550 projects to go through to compete in the RDS.



Second years carrying out a heart dissection with Ms O Reilly #weheartbiology

The event attracts over 40,000 people making it one of the largest events of its kind in Europe, if not the world!

This year 3 of our transition year students Catriona O'Halloran, Amy O'Halloran and Kerri Cleary have entered, under the supervision of their Science teacher Ms Walsh.

Their project "The Science of FOMO" (fear of missing out) will be entered into the social and behavioural studies category.

The aim of this project is to investigate the perception and impact of social media content on its users. We wish the students the very best of luck on their entry.

Junk Kouture

This years Transition Year students are extremely busy at the moment gathering recycled materials to help create garments for 2017-2018 Junk Kouture competition. Students are tasked with illustrating, designing, measuring patterns, draping and constructing entire looks for the catwalk. The class must also come up with hair and makeup looks for each design as the project ends at Christmas with a photo shoot. Last year the school had two creative looks that reached the regional final in University of Limerick. Ms Ahern and Ms Nestor are hoping that this years entries will have success.



Extra Curricular Activities & Music

Here in Coláiste Nano Nagle not only do we want you to reach your full potential academically, we also want you to look after your wellbeing and partake in activities outside the class room. Here is a timetable of the extracurricular activities and clubs going on for 2017 - 2018. We encourage all students to get involved.



Coláiste Nano Nagle

Extracurricular time table 2017/2018

Time	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch Time	Choir Ms. Gaughan	Badminton Mr. Philips	Choir Ms. Gaughan	Soccer Mr. Philips	Dance Club Ms. Murphy & Ms. O Reilly
	Gaisce Ms. O' Reilly/Ms. Begley	Green Schools Ms Ahern		Gaisce Ms. O' Reilly/Ms. Begley	Guitar Club Mr. Loftus
	Debating Mr. Carmody & English Teachers	Debating Mr. Carmody & English Teachers	Debating Mr. Carmody & English Teachers	Debating Mr. Carmody & English Teachers	Debating Mr. Carmody & English Teachers
After school	Homework Club A. Cummins	Homework Club A. Cummins	Homework Club A. Cummins	Homework Club A. Cummins	
	Supervised Study Ms. Nestor	Supervised Study Ms. Nestor	Supervised Study Ms. Nestor	Supervised Study Ms. Nestor	
	Horse Riding Mr. Daly	Basketball (Juniors) Ms. Walsh & Ms. O Ryan	Basketball (Seniors & Cadets) Ms. Begley	Choir Ms. Gaughan	
	Soccer* Mr. Philips	Wellbeing & Circuit Training Ms. Kiely, Mr. McNerney & Ms Galligan		Running Club Mr. Ryan	

Please note other activities will take place throughout the year

There is also an after school club for non EU students on Wednesdays run by Friar's Gate theatre and an after school club on Thursdays for past students of LeCheile, Gaelscoil Saoirse Clancy and Our Lady Queen of Peace. All other first and second years will be in homework club.

Music News

School Choir

Musical life in the school has gotten off to a busy start this year. The school choir welcomed lots of new members and has already performed at the mass for the opening of the academic year, which was a lovely occasion. Two students, Emma Carey and Iva Lucic, assisted by Mr. Loftus, provided fantastic guitar accompaniment for the choir on the day, thank you girls! The choir is busy preparing for our next performances; at our school Open Night and at the Music Generation 'Reach Out' Charity Gala Concert, to be held on Friday 27th October in University Concert hall. The choir performed at this concert last year and wowed the audience with their performance, which the organisers said was one of the highlights of the night. We are really excited to perform again at this amazing event. 27th October – date for your diaries!

Guitar Club

Guitar Club with Mr. Loftus is back up and running at lunch time on Fridays. The girls are making great progress so far and are working towards performing at even more school events this year. Aleksandra Lucic, first year parent and talented classical guitarist, has been helping to teach the girls. We are very lucky to have her. Thank you to Aleksandra and Mr. Loftus for all of your hard work.



String Orchestra and Instrumental Tuition

Last year saw the establishment of a string orchestra in our school, in collaboration with teachers from the Irish Chamber Orchestra. There are also several students in the school who are in receipt of scholarships for violin/cello lessons and some of these lessons are being facilitated in the school. This is a fantastic opportunity for students who played a string instrument in primary school to continue their studies in secondary school. We are planning for this year and lessons should be up and running soon. Watch this space!



Student Bio

Student Bio



"My name is Agnes Phiri. I sat my Leaving Cert this year. My subjects for the Leaving Cert were Chemistry, Biology, Business, L.C.V.P., French, English and Maths. I managed to get 456 points. I am in my first year of Engineering Choice in the University of Limerick. Engineering Choice is a common entry into engineering where they teach the basics of engineering in first year. In second year you choose the type of engineering you'd like to specialise in and I am hoping to go into Biomedical Engineering.

My advice to students is to make a list of what you want to achieve for each subject and work towards

that. Invest your time and effort into learning and studying and trust me you will be surprised at how well you will do. Finding a balance between school and social life helps reduce stress. Take a few hours off to do things you enjoy like watching a movie or meeting up with friends. I am wishing you all the best and hope you achieve your goals."

Thanking you for giving me this opportunity to help reach out to my fellow students. I hope you have a great day.

**Regards,
Agnes.**

Settling into Coláiste Nano Nagle First Year Experiences

Settling into Coláiste Nano Nagle

When I first started in Coláiste Nano Nagle, I was very nervous. I didn't know where my classrooms were and I felt shy and a little bit scared. The first teacher that I met on my first morning was Ms. Begley. She was so nice and kind to me that I stopped feeling scared. I just loved listening to her voice.

My first friend that I met was Leona Purcell. I knew Leona for a long time, but I didn't know that she came to this school. It must have been luck!

I now feel happy inside, I always have my homework done and I'm not scared or nervous anymore. I love coming to Coláiste Nano Nagle every morning and the minute I enter, I feel happy.

I hope that all you first years reading this will have a great year and never give up on your dreams!

By Cassie McNamara (Class - Enright)

When I was going into secondary school, my first thought was 'No!' To be honest I didn't want to go to secondary school at all, I was terrified. But the first day at Coláiste Nano Nagle was one of the best days ever. I loved it all. It wasn't hard or scary at all. I made a lot of new friends and had some great fun. The teachers are lovely and fair. The classrooms are always clean and the work isn't hard at all.

The teachers and other people say that it's a big jump from primary into secondary school, but for me, it

wasn't a hard one. School is meant to be one of the best experiences of your life and I think that it will be for me, here in Coláiste Nano Nagle.

My advice to other students would be, study for tests, and do your work and remember that the friends you have in school are the friends you'll have for life.

By Katie O'Callaghan (Class - Taylor)

I am really delighted to be a member of this school. Since I started at Coláiste Nano Nagle, I have found it great fun and educational. Most primary school students are a bit nervous about moving to a new school and having new teachers and new friends. I too was nervous. But when I started on the first day, I thought that the teachers were all very nice and all my classmates are great. Everyone is really friendly and helpful.

If you follow instructions, you will be rewarded. The teachers do their best to help the students with their lockers, books and lessons. In Colaiste Nano Nagle there are plenty of teachers to rely on if there is a problem or if you are worried about something. Overall, everything is very satisfying in Coláiste Nano Nagle, from my point of view.

By Mahdia Moradi (Class - Taylor)

School Liturgy September 2017

School Mass 20th September 2017

Ms. Rebecca Kiely sang the opening verses of Come Holy Spirit to set the tone for this year's celebration marking the year of the family. Mrs Mary Ryan and Mrs Mary Shee lit the candles on the altar. Nicole Kelly did the First Reading. A phrase that captured its message "Before you were born, I knew you"

In the psalm, read by Sr. Collette, "The Lord provides for all his family" was the words of comfort. Mr Neil Carmody's Second Reading: A Letter of St. Paul to the Corinthians: 'Love is always patient and kind, Love never comes to an end'

Our wonderful choir under the guidance of its outstandingly artistic director, sang "Seek O Lord, your servant, he is listening."

The message of the Gospel was: "If we can work with other people, our lives will be fulfilled. Think of school as a family, strong roots allow us to grow" "Nano Nagle had strong roots, we should mirror her life"

The prayers of the faithful were beautifully read by Lucy Malone and Magda Pawlick.

The symbols presented were: a bible, a school journal and crest, our Ceist values and flowers as the choir sang 'Live in me and you shall have new life'.

Ms. C O'Brien read a touching reflection: 'Help us support each other, Guide and protect each one of us Bring us safely home at life's end.' The congregation listened attentively.

Mrs Mary Ryan in her first address to the staff and students of Colaiste Nano Nagle was full of warmth. She said the modern family had many faces. Mary grew up in a traditional family in Kilkenny steeped in family values. Today, we have a single family or a move between mother and father, many live with grandparents or an aunt or a carer. They all want you to have a good life. In school, we are in 'loco parentis'

Our school is like a family, students, teachers, ancillary staff, your parents and the wider community.

We are a welcoming place. We have desires to look after students. Teachers will develop in you a love of their subjects. Once you are happy, you build a community.

Ms Hammill and the TY Co Ordinators helped sort the lockers with



the first years. Later in the year they will take part in a buddy reading system.

Students are rewarded in class and on Prize giving day. We want you to be emotionally secure, to build self esteem. To give you a voice in JRC and SRC. Teachers give of their time in after school activities: horse riding, badminton, gaisce. Get involved! Have a vision for yourself, then you begin to work towards it. Go to The Home Work club.

For you to become independent young women - your parents play a huge role in the Parents Association. They are delighted to be involved. Parents come into our Transfer programme under Ms. Murray. Also very important to form good friendships - look out for one another.

Ms. Ryan wishes to thank Sr. Colette, Ms. O'Brien, Ms. Gaughan and Fr. Hession (who set the tone for the year).

Ms Ryan was delighted to see so many first years in the choir.

The Mass concluded at 1:00pm

CCL - in its 20th year!

Service for the new academic year 2017 – 2018

Theme: Year of the Family

The ceremony began with the blessing of Departments.

The many forms of family life give us deep roots of security and later through our achievements get wings to fly to something way better.

We looked at the themes from Pope Francis' new encyclical "Joy of Love". Principal Mary Ryan and Director of adult education Catherine O'Sullivan were present for the welcoming of the students at assembly.

We wish to thank Sr. Colette and Ms. C. O'Brien for preparing such an insightful prayer service.



Nano Nagle No Frontiers

We are blessed in Colaiste Nano Nagle to have a truly multicultural community! Every day we are enriched by traditions and ways of thinking from every corner of the globe. This is indeed what our Foundress, Nano Nagle, would have wanted for any school that bears her name. She expressed the wish that her care and that of her followers would extend beyond Ireland's shores. Presentation Sisters do in fact work in many countries and now we have a rainbow of nationalities receiving that same care and the best of education here in the heart of Limerick.

I have been fortunate to bring a little of that same spirit of Nano Nagle to South-East Asia over the past fourteen months. Of course anything I brought was more than repaid in the ways I was enriched by my experiences with the people of those countries. I spent most of my time in a country called Myanmar (or Burma). Many of you will be newly aware of the suffering of so many in that country in recent months due to conflict and an exodus of refugees. It is true that Myanmar has many problems yet to overcome. But it has also come a long way in recent years. I had the good fortune to teach young people on various programmes, from leadership training to vocational skills to English language classes for young women aiming to enter religious life. In all cases, the thirst of these young people for learning was

hugely impressive as was their intelligence and enthusiasm in reaching for their goals. Fondacio (a movement involved in youth and development programmes among others), the Good Shepherd Sisters and the local Catholic Church were powerful agents for good and I was delighted to work with them. I do have hope for Myanmar. I think that education will be paramount in realizing this hope.

I also spent periods recently in Vietnam and the Philippines where I likewise witnessed a tremendous work ethic and the determination to improve the lives of everyone, particularly the poor. Once more, young people were very active, especially those who generously wanted to live out their Christian faith in serving struggling communities where they lived.

The world has rightly been called a global village. We can never forget this in Colaiste Nano Nagle. We continue to remember our sisters and brothers from every nation through our classes and activities from debating world issues to intercultural days. If anyone would like to learn more about the possibilities of volunteering overseas, please feel free to talk to me!



UL Careers Fair



Leaving Certificate students attending the UL Careers Fair. All 3rd level & PLC colleges were present.

BEAT THE STREET: Beat the street initiative has begun at Colaiste Nano Nagle

Parents Corner

In association with Limerick Sports Partnership.

LET'S WALK!

Parents from Sexton Street and St. John's Parish Schools are invited to join our new walking club.



INFORMATION MORNING
CBS SECONDARY
PARENTS' ROOM
9:15AM / TUES OCTOBER 3, 2017

Bring the Buggies!

Fun and Fitness

For more information contact:
Austin Newman 0872195140 (St John's)
Doireann Garrard 0879299782 (Sexton Street Schools)

Horse Riding

Picture is of 1st year Olimpia Dunowska . It's been a busy start to the year with twenty five students signing up. I'm delighted to welcome Agnes Socha our first 6th LCA student to attend, with the aim of completing her practical achievement task.



Green Schools News

Last May, 2017, we won the Travel Award for our work in promoting walking and its health benefits for our students. This award was presented to the Green Schools Committee by An Taisce in the Hilton Hotel in Dublin.

This year we are starting work on our fifth flag, Biodiversity. Biodiversity is the fifth Green-Schools theme and looks at steps which can be taken to increase awareness of the importance of native plants, animals and habitats, and to increase species-richness in a locality.

Our school was chosen to take part in the LEAF project. The students of TY and Green Schools will be heading to the Curragh Chase National park to learn more about biodiversity in our forests and find out more about plants and wildlife.

