

COLAISTE NANO NAGLE

Summer 2021

Principal's Message

Dear students,

This school year has been another challenging year for us all. COVID 19 has changed the way we live our lives. It has changed our school routines. Together we have worked hard to protect one another and I am so proud of your efforts in school. I know it has not been easy. Now, as we approach summer, we must continue to be responsible and take comfort in the fact that there are positive signs of hope that life as we knew it may return once again.



I wish students, parents/guardians and staff a very happy and well-deserved summer break. I hope that you enjoy this time to relax and unwind. Stay safe and I look forward to welcoming you back in the new school year.

Happy Holidays

Sinéad Moloney

FEATURING CLASS OF 2021



Words of Wisdom

As the year comes to an end, we sadly have to let go of our Head Girl and the Deputy head Girls, as they conclude their journey in our school. Before saying their goodbye, the girls kindly left us a little count of their time in Coláiste Nano Nagle and a little message, some words of wisdom to all the younger year groups.

Hi Everyone,

As we come to the ending of our journey in Colaiste Nano Nagle, we would like to thank our teachers, parents and friends for supporting us along the way.

Looking back to first year, we didn't know one another but then we began to mix in our classes. We made new friends and talked to new people.



By the time third year came, we were comfortable with each other as we prepared for our JC. And then, we had to say goodbye to some of our friends who are moving on, straight to 5th year while we stayed in TY.

Our TY experience was unbelievable. We participated in Junkkouture, travelled to Strasbourg, entered BT young scientist, Limerick youth theatre and so much more.

Then came COVID-19 and it messed up our 5th year experience. We were at home, Remote learning for the majority of it. This was challenging at first as we had never done anything like it before but we adapted and overcame it. We as a group attended our classes online. It was almost as if we were in school together. We kept this up for the second lockdown too. So well done to those who kept themselves motivated.

Now it's the end of our secondary school journey and looking back there's so much we're going to miss, our friends, our teacher, the laughs we used to have in class, sports days, intercultural days and just being part of a great community.

To the first years, we hope you're time in Coláiste Nano Nagle will be just as fun as ours. Enjoy these school moments because it will go by faster than you think. You should all be proud of yourselves for working so hard during this pandemic.

To the fifth years, good luck next year and work hard to achieve your dreams,

you're all very bright students with great potential. It'll be hard to be as good as we were but just give it a go 😊 and make the most of your year, it will fly.

To the rest of the school community, keep working hard and never give up you'll get where you want to be someday, we're rooting for all of you! Hope everyone has a wonderful and safe summer!

Head girl, Nikoletta Kozma

Deputy Head girls, Nancy Ekhaton and Haleema Nasir

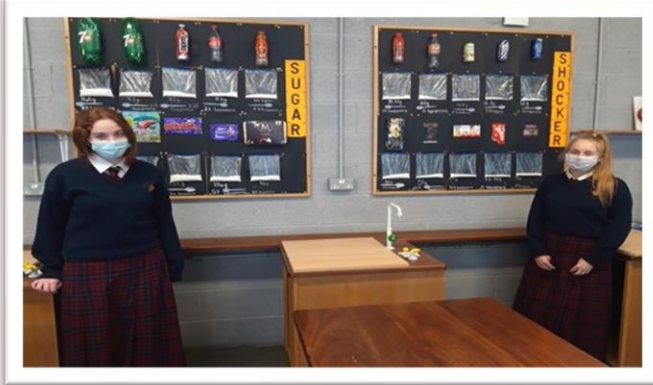


These care packages were organised by members of the "Be Well" team through limerick youth service.

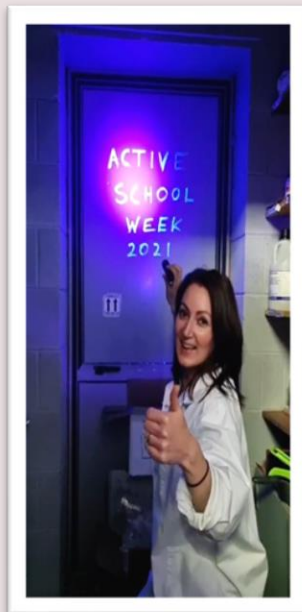
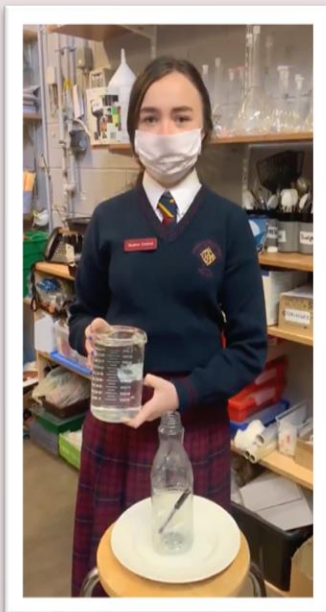


Some of the members included Sophie dillon in 5th year and isabel hayes, wiktoria lipinska, Amanda makulena in 6th year

Scientists in Action!



The 5LCA Science class did a project with Ms. O'Donovan on measuring out the amount of sugar in food, stuffs that teenagers regularly eat as treats. We were shocked at the results. We displayed the results for all classes to see. Unfortunately, we may have all eaten a bit too much sugar during lockdown!!



Ms. Condon teamed up with the Green Schools Committee to create a series of water experiments and challenges in preparation for Water Action Day on Friday 23rd April. All Science classes got actively take part in these challenges for the week.

The Science Department got very creative as part of the TikTok challenges for Active Schools Week. Here is a photo of Ms. Condon demonstrating how Glitterbug Powder works. It is not visible to the naked eye but is visible using a UV light.

Students Iqra, Fatima, Haleema and Maha recently participated in Technovation with the help of Teen Turn and their teachers Ms. Walsh and Ms. Prior.

Iqra and Fatima created an app called **Sharity** that aims to support the homeless community in Limerick and Dublin.

Maha and Haleema coded an app called **Studygram** which aims to help create a distraction free yet social environment for students while studying.



We are delighted to have two projects successfully entered into Sci Fest 2021, which is taking place virtually again this year in collaboration with LIT.

The first project fronted by Transition Years Aoife and Ciara is titled “Do Certain Masks Slow The Spread of The Coronavirus?”. The second project is front by Fifth Year student Fatima. Fatima’s project is titled “What are the alternatives to single use plastics?”.

Both students put in an immense amount of work carrying out experiments, conducting surveys and interviews in their spare time. The students are supported by their teachers Ms. Walsh and Ms. Prior.

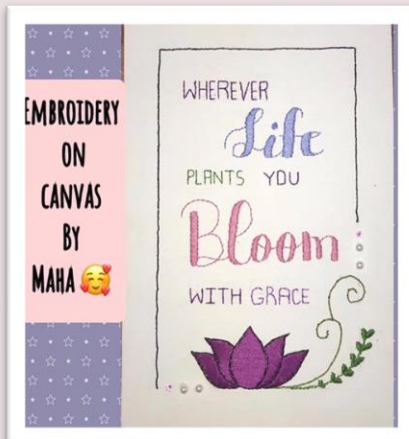


Creativity Overload!

From CBA projects and interior design boxes to baking mouth-watering goodies and gardening, the Home Economics department has been in full bloom this term! All students learn so much constructing these and the admiration they have when completing these tasks, this is Home Economics at its best 😊.





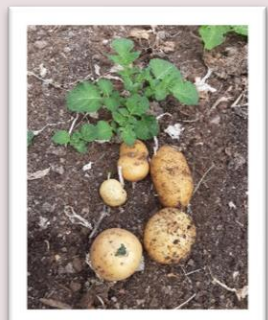


Open Wide!





Grab the Shovel!



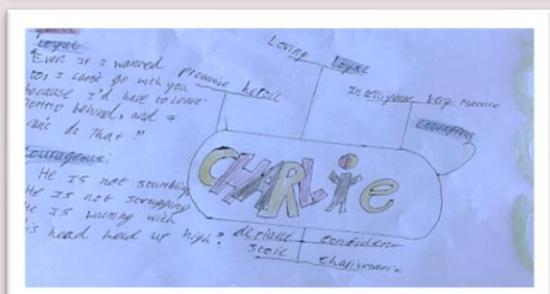
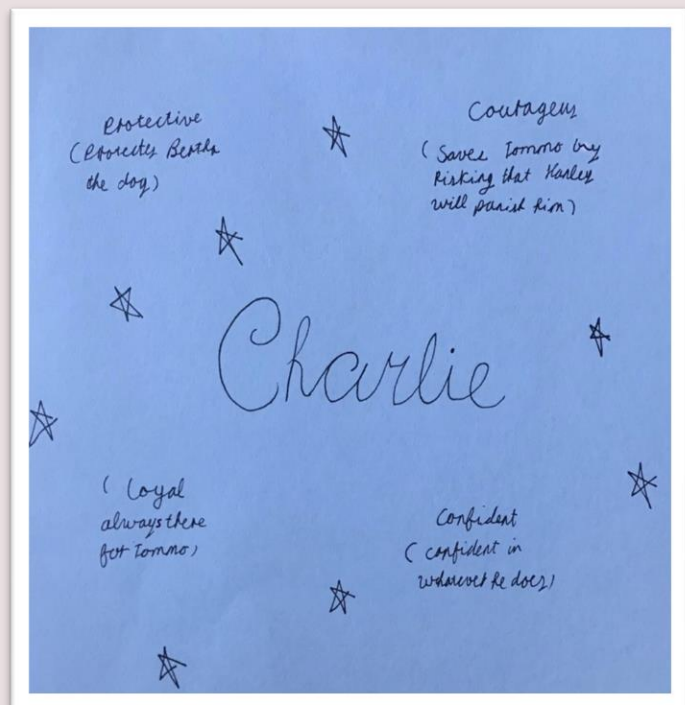
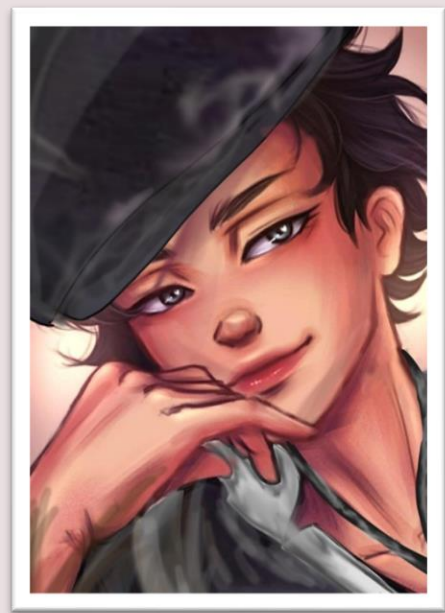
Literature and Media

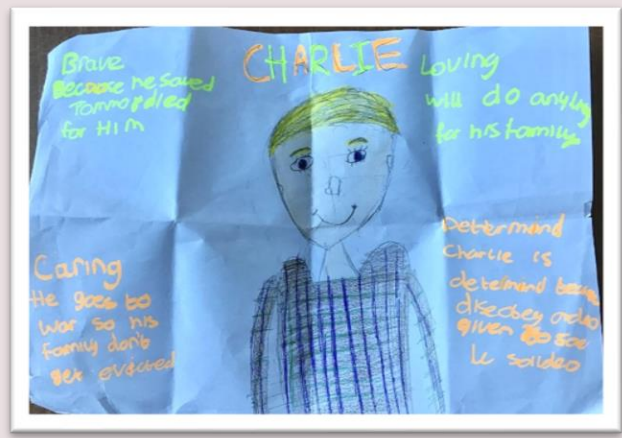
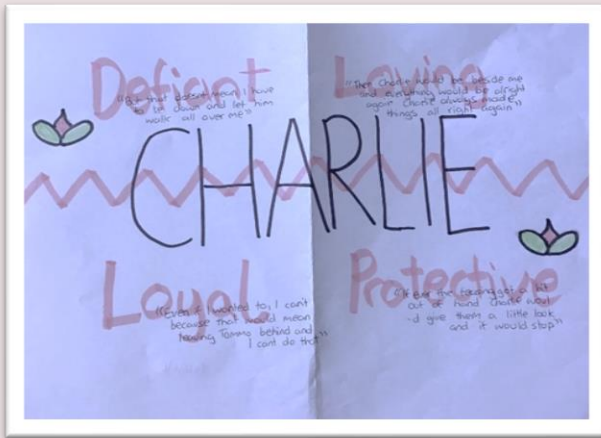
Students in 1st year and Transition Year have been busy learning and improving their literacy skills by carrying out analysis on their chosen novel from their curriculum as well as using a multimedia approach to show their understanding on various topics. Here is what they have been up to

Private Peaceful - Character Analysis

During our last term, 1st Year students read the novel "Private Peaceful". The students really enjoyed and embraced the novel, learning about Tommo Peaceful, his family and how their lives were changed forever as a result of World War 1. While reading "Private Peaceful", the students learned about the importance of family, loyalty, bravery and love. Following the reading of our novel, the 1st Years analysed key characters in the story by designing a variety of mind-maps, poems and art pieces to showcase their understanding of their favourite characters.

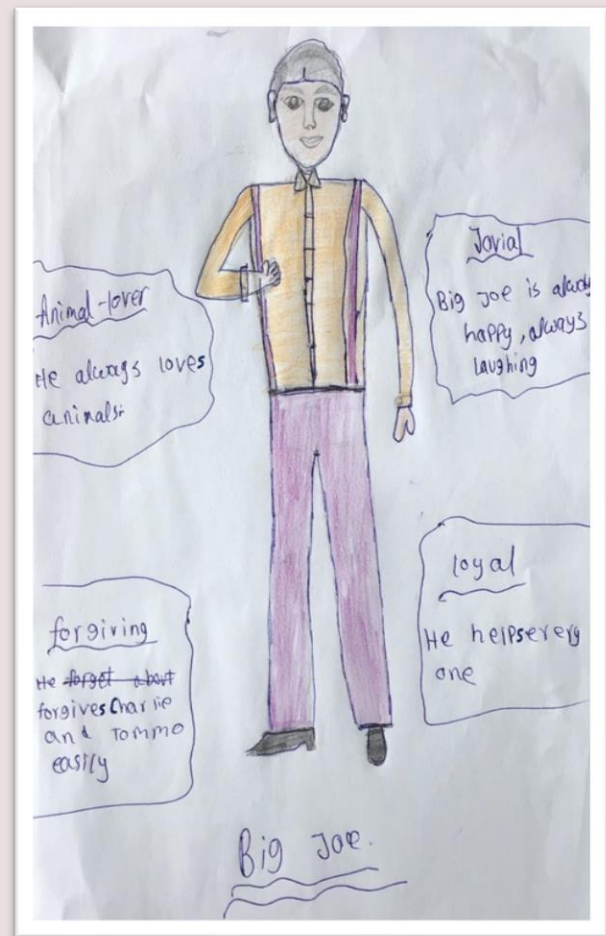
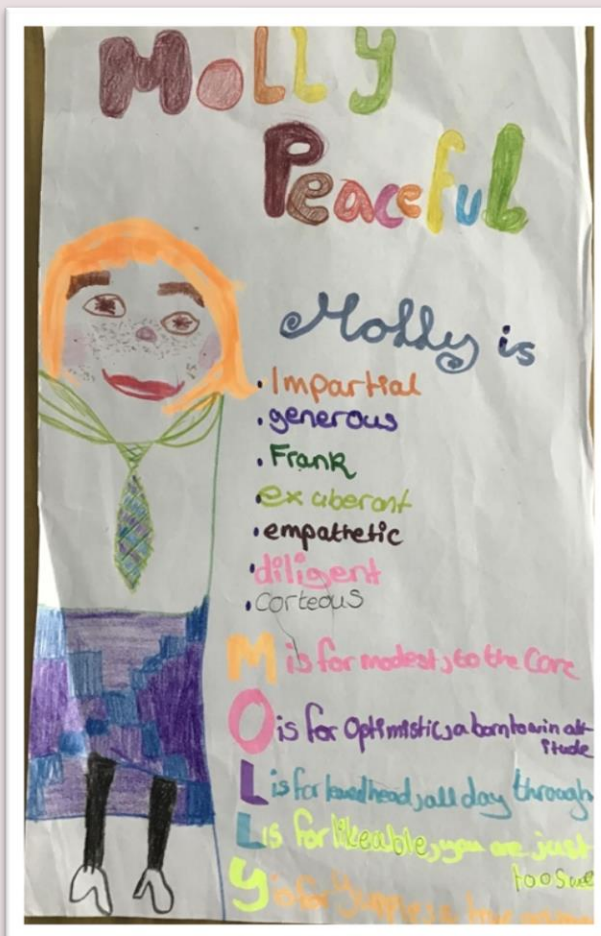
Here are some examples of work that were created by our students. Charlie was many students' favourite character in "Private Peaceful".





“Charlie is Tommo and Big Joe’s brother. He is Mrs. Peaceful’s son and married to Molly. He is very trust worthy. He would stick up for Tommo. At times, he was a smooth talker. Charlie is as brave as a bear, to the point that his brother gets inspired by him. He would smile through moments of great hardship, and his bravery would inspire Tommo to keep going”.

The characters of Molly and Big Joe were also favourites of the students.



Project Podcast!

During our last term, our Transition Year students worked incredibly hard on creating their own podcast episode based on a topic of their choice, as part of a class competition. A podcast is a pre-recorded radio programme, usually a series, that can be played at any time at the listener's convenience. Throughout the COVID-19 pandemic, digital media such as podcasts have become incredibly popular.

For the podcast, the students chose a topic of their choice and brainstormed ideas for their podcast. Some of the topics included mental health, literature and general knowledge. Following this, they wrote out a script prior to recording. Then, they recorded their podcast segments which included an introduction, discussion clips and even pretend sponsorship segments. The students then edited their podcasts on editing software, which allowed them to add in audio, music and sound effects to create compelling podcast episodes. The process of creating, recording and editing their podcast episode utilised a number of skills such as writing skills, content creation, communication skills, team work and editing skills.

Our 1st place winners of our podcast competition were Ciara Brosnan and Aoife Kavanagh with their podcast episode "Spilling the Facts". Ciara and Aoife spoke about what their podcast comprised of:

"Our podcast was about showing our opinions on Netflix shows that we have watched and whether we would recommend them or not. We also did a Q+A which included some fun questions so that our "audience" would be able to get to know us more. We also included a bloopers reel at the end of our podcast episode and a fake sponsorship segment for Barrv and Lvons tea."



Our 2nd place winners of our podcast competition were Charlie O' Mara and Cassie McNamara-Crowe with their podcast episode "Electric Gaming Podcast". Their podcast was about "video games, consoles, fun facts and more". Charlie and Cassie went into detail about their recommendations for games, facts about consoles and also included a pretend sponsorship for EA Games. Our 1st and 2nd place winners received vouchers for their prizes!

Well done to all the Transition Years for putting excellent effort into their podcasts and for all their hard work on other projects too throughout the year!

Seachtain Na Gaeilge

1ú -17ú Márta 2021 tharla seachtain no gaeilge ar an chéad lá mí no Márta. D'oscail an tusala Declan Hannnon, captain foireann, sinsearach iománaíochta an ceiliúradh dúinn. Tháinig se ar an scáileán ag rá linn cúpla focail gaeilge a fhoghlain gach lá. Ambasadóir e Declan le Energia ar son Seachtain no Geailge ar fud an tíre.

Lastaigh do na lachanta bhí scoláirí sna ranganna gaeilge ag foghlaim faoin cultúr, faoin ceaoil agaus faoin scéalaíocht.



Rinne roinnt ranganna tionscainmh ar réalta spóirt nó réalta ceoil.

Bhain gach scolaire gaeilge taitneamh as an ceiliúradh ar fad!

The two week celebration began on March from 1st -17th March. Mr. Declan Hannon, Limerick Senior Hurling Captain and Additional Ambassador for Seachtain Na Gaeilge, opened our celebration of the Irish language and culture in addressing our students of Coláiste Nano Nagle virtually.

During the fortnight, Irish language classes celebrated the rich culture of music, songs and stories.

Some classes did projects on their favourite Irish sporting heroes and their favourite Irish musicians. All students enjoyed the virtual celebration of Seachtain Na Gaeilge.



Active Schools Week

Active schools week took place this year from May 10th until 14th. Throughout the week a series of challenges were put in place to encourage everyone to be more active. The goal of the week was to highlight the importance of being active and to encourage students to participate and find a way to move that they enjoy. As we know, being active is important to everyone's health and wellbeing, and supports children and young people in their learning. They say 'the more you move the better your mood.'

Weekly challenges included a step challenge, tik tok video challenge and a challenge to see how many toilet rolls you could stack in 20 seconds. Competitions were also run in PE classes including a welly throw, egg & spoon races, obstacle courses, timed challenges and a long jump.

TY students were very involved in the week, organising the activities, timing them, recording results and distributing raffle tickets for anyone who participated. These raffle tickets gave students a chance to win the big end of week prize, an all for one gift voucher.

The week was a great success, with great engagement from both students and teachers alike. You can refer to a video on the school's Facebook page to some of the school's video challenges in action.

Health benefits aside, there are countless other reasons why being active and playing sport is beneficial to children and teenagers of both genders, but there are some particularly important perks for girls.

Girls that play sport report having better body confidence and mental well-being. Girls that play sport also report being happier, more supported, less lonely and less depressed.

A recent report from Sport Ireland revealed that the most powerful change in encouraging girls to take part in sport and physical activity is empowering them to feel good enough to join in. So we hope that through the school's active week we were able to show our girls that when it comes to being active, just taking part is the most important thing. We do not need to be the best, it should be something that we enjoy and that we are all good enough, just the way we are.

We are looking forward to active week again next year and hope that we will be able to also enjoy our annual sports day. A big thank you to Miss Guilfoyle, Miss Prior and all the TY students for their help in organising the week.

We did not Forget Our Charity!

As Part of their Link Modules Class, fifth year students Mahdia Moradi, Dewa Ishaq, Nicole Ling, Faiza Mohammedi, Kelsey Cronin, Mahnoor Amjad, Akhthara Marufkhel and Paulina Pioro organised a donation for Limerick Animal Welfare. LAW is an organisation that rescues pets and animals such as dogs, cats, rabbits, horses, pigs and much more. The members of the organisation are incredible people and do extraordinary work in keeping the animals safe. They have a No Kill policy.

This group of students were touched and inspired by the charity's amazing work, and they decided to go for this charity. With the help of their LCVP teacher, Ms. Hammill, they commenced their work by contacting Mrs. Moloney for her permission to proceed with the donation. Following all Covid-19 guidelines and precautions, the team managed to collect 3 boxes of required pet items. Thanks to all the staff and students, especially pet lovers for their generosity.

A message from all the members of the team, "please remember that the monthly cost of the charity is over €60,000. Therefore, they heavily rely on your donations. Please continue your support and love in these hard times."

For more information visit www.limerickanimalwelfare.com



The Show must go on!

The last time we spoke to our transition year students, they were destined to make their year awesome despite the challenges and restriction imposed due to Covid. Well, they were certainly not joking! They girls have continued to persevere and enjoy their year regardless of the restrictions and time lost during lockdown.

Junkkouture!

Lockdown or no lockdown, that doesn't stop our fashionistas in transition year to stop creating their Junkkouture outfits! This year our transition years have put our 4 dresses on the show, all of which made it to the regional finals! They girls have also received a lot of attention for @ilovelimerick and have even got a feature on the Limerick Leader!

Congratulations to all involved. Your perseverance and determination are truly remarkable.

Colaiste Nano Nagle Junk Kouture entries are set to wow judges!

STUDENTS at Colaiste Nano Nagle in Limerick City have put out four incredible designs for this year's Junk Kouture competition.

Bank of Ireland Junk Kouture inspires young second level designers to use everyday junk materials to create works of wearable art.

Sarah Nestor, an art teacher at the school, said, "Colaiste Nano Nagle has been entering this competition since its inception. Over the past decade, the competition has played an important part in our Senior Cycle art, Transition Year and Green Schools programmes. The competition offers the students of Colaiste Nano Nagle a platform to showcase their creative abilities. Each year, our school eagerly awaits the designs"

revelation, which instils a great sense of pride and community amongst the student body. Our school is especially proud of this year's group because, despite school closures, they persevered through lockdown and managed to create four amazing designs." Entries from Colaiste Nano Nagle include Emilia Szablia, Kaja Bozi and Katie



Colaiste Nano Nagle Junk Kouture 2021 entries are four outfits made by students of entirely sustainable material

O'Connell of the team 'I'll say I do' who created a wedding dress from underlay, paper coasters, old curtains and styrofoam. Iva Lucic, Sarah Madden and Chantel Mulqueen, who created

'You've made your bed', challenged themselves to use only one waste material, bedlinen. Georgie Barry, Allie Griffin and Leona Purcell spent six months completing their outfit 'The

New Different' using builders mesh, lampshades, old jewellery and eye contact packaging. Brenda Lim, Brianna Sheehan and Molly Jackson of the team 'Ephemeral Bloom' created a

beautifully crafted Asian inspired look using napkins, builders mesh and copper wire. Best of luck to Colaiste Nano Nagle in this year's competition and congratulations to all!

Follow all the four teams on Instagram to follow along in their journey, how they made the outfit and a closer look in each of the outfits.

@jk2021_youvmadeyourbed @jk_ephemeralbloom @jk_illsayido
@jk_thenewdifferent

Career Success

Our TY students had the opportunity to take part in a Career Success Programme facilitated by Junior Achievement Ireland. Aoife O'Hanlon, Human Resource Manager from Northern Trust, joined the class virtually and delivered many exciting and informative modules.

The modules included looking at our strengths, skills and qualities, analysing what makes a good CV and how to do a memorable interview, and the importance of working as part of a team.

All TY students were engaged throughout the programme and gave some great answers to some difficult questions. They represented themselves and our school in a very positive light, and I know that Aoife was very impressed with the work ethic of these wonderful TY students. All of the students who participated in the programme received a certificate on completion. Well done guys!



EU Studies

EPAS The European Parliament Ambassador School Programme is a network of schools across the EU raising awareness of European parliamentary democracy and European citizenship values. The programme is for Transition Year students.

We in Coláiste nano Nagle are one of 60 schools in Ireland, and 700 in Europe participating in this program. Our aim is to create awareness of what the EU does and how we benefit from being members.

As part of the EPAS program we attend the Euorscola convention in Strasbourg (virtually). This was a 2-hour event where we learned about the EU, its members, and policies. In April we had a virtual meeting with MEP Billy Kelleher. It was fascinating to discover how are MEPS represent us in Europe.

The Conference on the Future of Europe is an EU-wide project to engage citizens on the debate about Europe's future challenges and priorities. Over the next year, a series of debates and discussions will be held that will enable people from every corner of Europe to share their ideas to help shape Europe's future.

The goal of the Conference is to give citizens a greater say in shaping Europe's policies. In

Ireland, our aim is to have an inclusive conversation with Irish and other EU citizens living across the island of Ireland, to ensure that all our voices are heard during this process.

Congrats to Iva! After completing an outstanding project on Croatia has been invited for a tour of the Croatian embassy in Co. Dublin

Deutsch im Übergangsjahr

Dieses Jahr war ein komisches Jahr aber wir haben viel Spaß gehabt.

Das beste war unsere TikToks . Jeder hat ein Tik Tok über lockdown gemacht Wir haben gezeigt ,wie wir unser Deutsch während lockdown geübt haben

Im November haben wir einen deutschen Film gesehen. Er heißt 'Schindlers list'. Er war wirklich interessant aber unglaublich Traurig

Auch haben wir Quizizz und Duolingo und andere deutsche Apps z.B Deutsche Welle und neuneinhalb benutzt

Deutsch macht Spaß und wir freuen uns auf nächstes Jahr



Bonjour!

Transition Year French

Bonjour tout le monde,

Nous espérons que vous allez bien.

The TY French class in Coláiste Nano Nagle recently took part in the DCU language competition. As part of this competition, each student made a TikTok or comic strip in French which showed how we continued and developed our language skills during lockdown. Charlie O'Mara was the clear winner in which she showed us her pet 'lapin' (bunny) learning French vocabulary. Charlie won a €10 prize for her fantastic creativity and thought.

TY French students also engaged in a pen pal programme with a secondary school (lycée) in Angers, a lovely city in the North West of France. This authentic experience of being able to improve our French vocabulary really benefited our writing and communication skills. It was also a great way to learn about French culture and the French education system.

We really enjoyed taking part in the above activities during our TY year as we feel that we learned a lot about the language and French society.

Nous voulons dire que c'était un plaisir d'avoir passé du temps en faisant ces projets. C'était une nouvelle façon d'apprendre et c'était très intéressant.

Merci beaucoup!



Walk in my shoes

This year I had the amazing opportunity to take part in Gaisce Glas and Walk in My Shoes.

Gaisce Glas was a 13-week pilot programme that educated young people on climate justice. We ran an Instagram page and a webinar. 12 young people, including myself, took part in this programme. I made 11 new friends from all over Ireland through this programme and I loved every second of it!

Walk in My Shoes is a week-long programme run to educate T.Y. students on mental health, mental difficulties, employment roles, stigma and everything surrounding these topics. I took part during my Easter holidays and I really enjoyed it. Everyone who completes this programme becomes an ambassador for mental health. I did an interview for Walk in My Shoes on Live 95fm. In the interview I spoke mainly about the stigma surrounding mental health. My main goal is to stop the use of this stigma in as many ways as possible.



PR-Óg Mungret St Pauls

We are delighted to welcome Katie O'Callaghan as the new Camogie PR-Óg volunteer at Mungret St Pauls Camogie Club!! Katie will assist our current Camogie PRO, Annie, in promoting the club and sport at all levels Limerick Camogie

We asked Katie to tell us a little bit about herself, and once you read the below, we are sure there will be no doubt that Katie will be a huge asset to the club! We are very lucky to have her!

"Hello, My name is Katie O'Callaghan.

I am a transition year student at "Coláiste Nano Nagle" & am extremely proud to be a member of Mungret St Pauls Camogie.

I am new to Camogie. I played my first ever match in July last year (2020) Joining Mungret St Pauls Camogie has brought so many positives to my life, both physically and mentally. It has given me a clear sight of what I want for my future, helped me so much with my mental health, & given me a positive and confident attitude of believing in myself & to never give up!



For me, Camogie is now my second family. You may make mistakes but learn lessons that you will remember for life. You have so much support from teammates, new friends, parents, & coaches. There are so many positives to Camogie & being a part of a team & I can't imagine my life now without Camogie in it.

Taking up the new positions of PR-Óg for Mungret St Pauls Camogie means so much to me, because I joined Camogie at 15yrs old, & the huge impact it has had on my life in such a short amount of time has encouraged me to be able to show other younger (& older) girls that

it could do the same for them & that it's never too late to join or take part or show support."

Gaisce Awards



Congratulations to the Transition Year students who achieved their Bronze Gaisce Award. Well done everyone, an award very well deserved #gaisce #TransitionYear #celebrate

Green schools News

Over the past few, years we have been carrying out actions and increasing awareness of environmental issues in our school. As a group we watched the documentary 'Plastic Oceans' on Netflix. We were shocked to see how much throwaway plastic was in our sea. We were concerned about this. We looked at our school community and decided that we wanted to encourage students to use reusable bottles in our school.



We investigated how our single use plastic lifestyle is damaging our marine eco-systems. We created a film to highlight this issue. Our film has reached the finals of the Young Environmental Awards Finals which is being held on 26th May 2021. Guest speakers at the awards are our President Michael D. Higgins and former President Mary Robinson.

The film was shown on our Water day of Action held in April 2021. We gave out prizes to students and teachers for wearing the colour blue to highlight these issues.

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We held a walk for water. Some students in 5th year carried 9 litres of water in our school grounds to highlight that in the developing world, many do not have access to clean drinking water. They have to carry very heavy water jars to their villages twice a day. Our students created a podcast on this which was featured on RTEs Ecolution podcast.

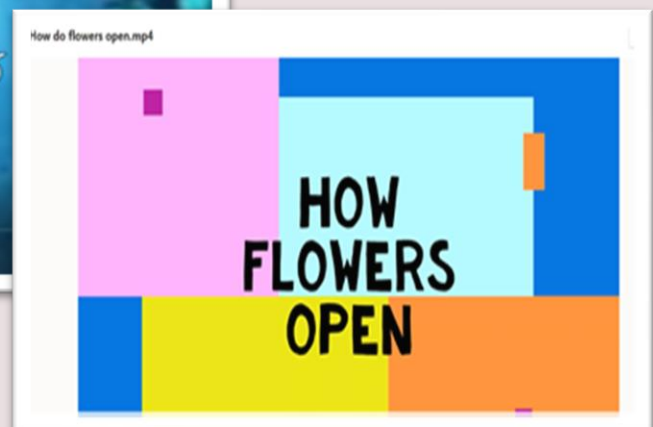
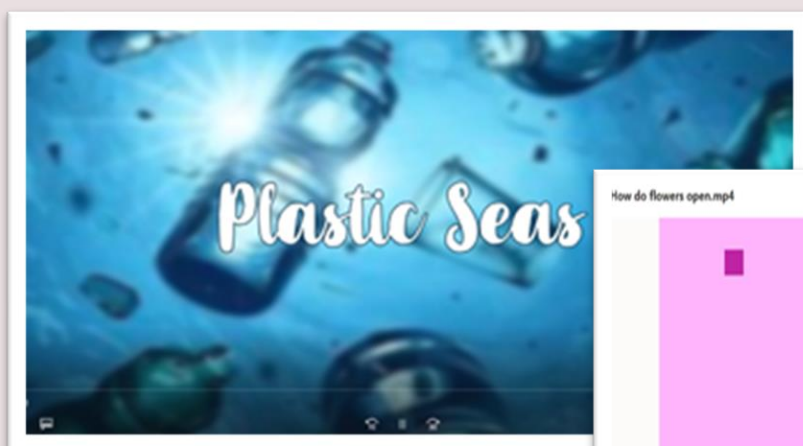
Maha Shazadi, created a one-minute video on water. It was used as part of the #Water2me campaign and also included in world water day week.

Four students were selected to be Water Ambassadors in our school by An Taisce and they have attended a series of meetings with other students online during the past year.



Our science department became involved and created fun water experiments during our water action week. These included 'How do flowers open, Water pressure and how insects walk on water'. We then showed these experiments to our local primary school. We would like to thank the Science Department in particular Ms. Madigan for supporting us in Green Schools.

Two students in sixth year are leaving us in Green Schools this year and I want to thank and acknowledge their amazing work over the past 5 years in school, Haleema Nasir and Wajeeha Shahzadi. Both have previously won awards as Green Schools Student of the year in our school.



Excellence Award's Day

Sincere thanks to Mr. Monaghan and Ms. Prior who produced a red-carpet, virtual Students Excellence Awards Ceremony for our school community; certainly, one of the most memorable ones to date! Congratulation to all students who received an award for excelling in so many areas in our school community. Embrace your moment to shine and inspire others.



JCSP Class of 2020









Message to Nikoletta from the editorial team

Nikoletta has been a wonderful student who became sub editor of our school newsletter in 3rd year. She had worked tirelessly over the years for the production of our newsletter. She is an inspirational student and our Head Girl. Her gentle smile and winning ways makes her a wonderful role model for all of us.

From your colleagues on the CNN editorial Team. We wish you sunshine in your days ahead and joy always in your heart



Editorial Team 2021

Head: Mrs. Cantillon

Graphics:

Maha Shahzadi

Reporters:

Abbey McNamara

Timima Abedin

Minhil Mir

Smairadh

fe sholas

na gréiné

Chugaibh

